



# Cootamundra High School Newsletter

**Respect, Responsibility, Excellence**

**PRINCIPAL:** Mr Neil Reaper  
**DEPUTY PRINCIPAL:** Ms Janine Nelson

## WORLDS GREATEST SHAVE

Congratulations to Year 9 student, Luke Annetts, who shaved his head last weekend as part of the "Worlds Greatest Shave" fundraiser. Luke managed to raise over \$1500 for this very worthy cause.

Worlds Greatest Shave raises about half the money the Leukaemia Foundation needs to fund its important work – providing practical and emotional support to people with blood cancer, as well as investing millions in research.



Photo courtesy of The Cootamundra Herald

## SCHOOL BUS

The school recently purchased a second hand Toyota coaster bus from the PCYC in Young. The bus will be used for a range of excursions in the local area. The bus will make it a great deal cheaper for students to travel short distances and in small groups to academic and extra curricular activities. The bus has already taken excursions to Temora and Wagga.



## CELEBRATE NAIDOC WEEK

NAIDOC Week celebrations are held around Australia in July each year. It gives all Australians—Aboriginal and non-Aboriginal—an opportunity to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. The theme for this year is 'Serving Country: Centenary and Beyond'. The theme was selected by the National NAIDOC Committee to honour Aboriginal and Torres Strait Islander people who have fought in defence of our country.



Education &  
Communities

Public Schools NSW

**Cootamundra High School**

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**CALENDAR****Week 9, Term 1**

Tues, 25 Mar	School Athletics Carnival
Thurs, 27 Mar	P&C Meeting (7pm, School Library) Senior Boys Soccer—Coota Gala Day

**Week 10, Term 1**

31 Mar—4 Apr	Work Experience
1—2 Apr	Dare to Lead Snapshot
Thurs, 3 Apr	Baldry Shield

**Week 11, Term 1**

7-11 Apr	Year 12 Half Yearly Exams
7—8 April	State Swimming Carnival, Homebush

Cootamundra High School is in the planning stage of ideas to celebrate NAIDOC Week and over the next few weeks students, staff and parents will be invited to be part of this planning.

**DARE TO LEAD**

Dare to lead is a Commonwealth-funded national project focussing on working with school leaders towards improving educational outcomes for Aboriginal and Torres Strait Islander students.

During Week 10 the school will be conducting a 'collegial review' of school practices which will involve interviews with Aboriginal and non-Aboriginal parents, staff and students, and researching school data.

At the completion of the review the school will be presented with a summary report which will outline recommendations and best practice for the school to implement. If you would like to know more about the Dare to Lead project, please contact Mr Reaper.

**PBL NEWS**

The winners of last week's PBL reward ticket draw were Adam Martin, Andrew Clements and Scott Jackson. Congratulations to these students for their great effort around the school. They have been rewarded with a \$5.00 canteen voucher each.

**ZONE SWIMMING**

A strong group of students attended the Zone Swimming Carnival at Tumut back in Week 4. These students enjoyed the opportunity to represent our school and competed well. Louise Raleigh and Holly Meadows-Blundell had an excellent day in the pool, both achieving Age Champions of their age group. Holly also set two new records at the Zone carnival—the 100m Backstroke and the 100m Butterfly.

Zone swimming team: Eliza Cooper, Brooke Logue, Teagan Mayor, Jessica Sawyer, Paige Sedgwick, Gabrielle Wakefield, Michaela Webb, Azelyn Collins, Paige Hinds, Tahlia Gatto, Louise Raleigh, Maddison Sedgwick, Sarah Stephens, Emily Webb, Brianna Edwards, Mikayla Johnston, Danyelle Bailey, Holly Meadows-Blundell, Kiera White, Riley Stirrat, Benjamin Good, James Collingridge, Jaycob Madden-Bell, Wayne Parker, Mitchell Coleman-Hardy, Benjamin Camilleri, Aden Newman.

**REGIONAL SWIMMING**

Congratulations to the group of students who travelled to Leeton for the Regional Swimming carnival (Teagan Mayor, Michaela Webb, Benjamin Good, Paige Hinds, Jaycob Madden-Bell, Wayne Parker, Louise Raleigh, Mikayla Johnston, Holly Meadows-Blundell, Kiera White, Danyelle Bailey).

Holly Meadows-Blundell had an outstanding day again with five 1<sup>st</sup> places and a 2<sup>nd</sup> out of the six events she swam in. She also broke the 100m backstroke record previously set in 2000. Holly is pictured below with the two other record breakers on the day—one student from Murray High, and one from Koorringal High.





Michaela Webb, Mikayla Johnston and Kiera White also swam well and have qualified for the NSW CHS Swimming Carnival being held at Homebush in Week 10. We wish these girls well for this carnival.

### GIRLS LEAGUE TAG

Last Wednesday a group of Year 7–9 girls attended a League Tag carnival in Wagga. While these girls came up against strong opposition throughout the day, they all played well and were a pleasure to travel away with and represent our school.



League Tag Team: Kaede Nicka, Chelsie Manwaring, Madison Wishart, Paige Sedgwick, Nakiyah Fallon, Maddison Sedgwick, Meg Sutherland, Rylee Laidlaw, Trinity Slade, Shelby Nicka, Jessica Sawyer, Maddison Horder, Emily Fitzgerald, Kiara Wilson, Emily Potter, Shania Williams.



### CANBERRA 9s RUGBY LEAGUE

At the end of February our boys had their first rugby league hit out for the year. For our first time, we attended the Canberra 9s Rugby League Carnival. This was a great experience and challenge for our boys who continued to line up against teams which were bigger across the park and older than our boys.

However, this did not affect results and Coota finished top of their pool with two very good wins and a draw in the pool rounds. This led to a semi-final match against Erindale College's number one team who came away with a good win. This was an outstanding day where our boys showed they had a big heart.

Canberra 9s Team: Dylan Boyton, Andrew Clements, Shaun Parker, Cody Hotston, Haydn Cowled, Travis Sheppard, Shane Endacott, Jaydon Brinkley, James Smith, Alec Betts, Jason Cronin, Zac Mugridge, Henry Hughes.

### ATHLETICS CARNIVAL

The Athletics carnival is next Tuesday, 25 March at Albert Park. The day will begin at 9.00am. Students are expected to be there at least 10 minutes early to begin on time. Buses will be arranged to drop off and pick up from Albert Park or Cootamundra Public School. The canteen will be operating from the Little Athletics canteen building. **Lunch passes do not operate on this day—students will not be allowed to go home or leave Albert Park for lunch.** Get dressed in your house colours and be ready for a fun day.

ATHLETICS CARNIVAL ROTATIONS										
Session Time	12/13G	12/13B	14G	14B	15G	15B	16G	16B	17G	17B
8.50 – 9.10	Roll Call									
9.15-9.45	HJ	100	TJ	400	SP	200	LJ		800	D
9.45-10.15	D	HJ	100	TJ	400	SP	200	LJ		800
10.15-10.45	800	D	HJ	100	TJ	400	SP	200	LJ	
10.45-11.15		800	D	HJ	100	TJ	400	SP	200	LJ
11.15-11.45	LJ		800	D	HJ	100	TJ	400	SP	200
11.45-12.15	200	LJ		800	D	HJ	100	TJ	400	SP
12.15-12.45	SP	200	LJ		800	D	HJ	100	TJ	400
12.45-1.15	LUNCH									
1.15-1.45	400	SP	200	LJ		800	D	HJ	100	TJ
1.45-2.15	HJ	400	SP	200	LJ		800	D	HJ	100
2.15-2.45	100	TJ	400	SP	200	LJ		800	D	HJ
2.45-3.10	Relays – divisions: 12/13yrs, 14/15yrs & 16/Opens (all students not competing are to be seated inside the fence, trackside supporting their houses)									
3.20	Presentations (grassed area in front of recording table)									
CODE	D – Discus		LJ – Long Jump		HJ – High Jump		TJ – Triple Jump			
	SP – Shot Put		100, 200, 400, 800 metres				a – BOYS ONLY			
Blank spaces indicate a rest session – age groups are to remain together, under the supervision of group supervisors. At this time encourage toilet, drinks and snacks, reapplying sun block & ensuring areas are clean.										

### YEAR 7 SCIENCE

Year 7 Science students will have a Written Safety Test in Week 10 and a Practical Science Test in Week 11.

### WHS WHITECARD

There has been an overwhelming response to this course which is being held on Thursday, 10 April here at school. Students are encouraged to get payments in as soon as possible. Years 10, 11 and 12 are eligible to attend.

## WORK EXPERIENCE

Work experience for Year 10 students will commence in Week 10 of this term. The response to work experience has been disappointing and it is hoped we will see many more applying next term. It is a valuable addition to student resumes and can often lead to part-time and/or full-time work.

## CREATIVE ARTS EXPO

The Academy of Information Technology is hosting a Creative Careers Expo on Monday, 19 May in Ultimo. See Mrs Alderman for details, or register at [www.ait.nsw.edu.au/creativecareers](http://www.ait.nsw.edu.au/creativecareers)

## HSC LECTURES – MATHEMATICS

Sydney University is hosting a series of Mathematics lectures for HSC students on Monday, 30 June and Tuesday and Wednesday, 1 and 2 July. See Mrs Alderman for details or contact [projects@mansw.nsw.edu.au](mailto:projects@mansw.nsw.edu.au)

## HSC AND CAREERS EXPO

The HSC and Careers Expo 2014 is being held again at the Royal Hall of Industries, Moore Park, Sydney. Dates are Thursday and Friday, 29 and 30 May and Saturday, 31 May and Sunday, 1 June. See Mrs Alderman if you are interested in attending or go to [hscandcareers.com.au](http://hscandcareers.com.au)

## UC4 YOURSELF VISIT TO CANBERRA UNIVERSITY

Students in Years 10 and 11 have been invited to visit Canberra University on Wednesday, 9 April. The visit will include lectures, information from different faculties and an update on accommodation that is available (including a tour).

The day is free and includes everything except lunch. Students have the option of bringing or purchasing their own.



**ASMR Medical Research Week ® Presents**



**Careers in Medical Research Seminar**

**Curious about the real life behind CSI?  
Intrigued by how our body works?  
Want to be part of a team helping to make  
medical breakthroughs?**

This free event is aimed at all students in years 10-12 interested in pursuing a career path in medical/biomedical research.

A range of speakers from Sydney universities will talk about their career path in medical/biomedical research.

For more information:  
phone (02) 9515 4066 or visit  
[www.asmr.org.au/MRWNSW.html](http://www.asmr.org.au/MRWNSW.html)

**Major National Sponsor**  
"The ASMR Medical Research Week ® is supported by funding from the Australian Government Department of Health and Ageing"

**Venue**  
Coles Theatre  
Powerhouse Museum  
500 Harris Street, Ultimo

**Date & time**  
Thursday June 5<sup>th</sup>, 2014  
9:30 am – 12:30 pm  
(doors open from 9:00 am)

To reserve a seat, please email Dr. Kristine McGrath at:  
[kristine.mcgrath@uts.edu.au](mailto:kristine.mcgrath@uts.edu.au)  
with your name, school and year.

Find us on  [www.facebook.com/theASMR](http://www.facebook.com/theASMR)

**UC 4 YOURSELF**  
UNIVERSITY EXPERIENCE  
PROGRAM 2014





**SHARE THE UNIVERSITY EXPERIENCE.**

UC 4 Yourself days offer YOUR STUDENTS the opportunity to visit the University of Canberra to participate in a range of activities to see where uni may lead them. Students will:

- Engage with current UC students to find out what student life is really like
- Tour student accommodation
- Participate in hands-on workshops
- Explore the UC Campus, facilities and buildings, including lecture theatres
- Visit the Expo to meet staff and students representing a variety of exciting courses who will speak to students about their post-school dreams and pathways

There is no cost to your students or the school — all activities are provided free of charge!

Students should participate to:

- Gain first-hand experience and exposure to a higher education environment, academics, current students, facilities and support services;
- Develop an understanding of the courses and possibilities available through university study;
- Be better placed to make an informed decision about their future and the pathways they will choose;
- Raise aspirations for higher education;
- Identify and overcome barriers to higher education;
- Smooth the transition between school and university; and,
- Debunk common myths associated with studying at uni.

**UC 4 YOURSELF DATES 2014**  
8-9 April, 23-24 July, 25-26 November

E: [aspireuc@canberra.edu.au](mailto:aspireuc@canberra.edu.au)  
or contact your school Careers Advisor!  
[canberra.edu.au/seasu/aspire-uc/uc-4-yourself-expo](http://canberra.edu.au/seasu/aspire-uc/uc-4-yourself-expo)

**"IT WAS A VERY WORTHWHILE EXPERIENCE WHICH...  
HAS REALLY INSPIRED ME TO ATTEND UNIVERSITY!  
A FANTASTIC DAY. I LOVED THE INTERACTIONS AND  
TOURS WHICH SHOWED THE REAL, HONEST SIDE TO UNI."**

Year 9 student, Narrandera High School



**RELAY FOR LIFE—29 & 30 MARCH**

Every five minutes, another Australian is diagnosed with cancer. While survival rates are improving every day, cancer remains a leading cause of death. To improve this statistic we ask you to sponsor our team. Please donate or sponsor "Trish's Tremendous Troops" by phoning 6942 3309 or via the website at: [relay.cancercouncil.com.au/2014/young\\_relay/Taylor--s-Treasures-2014](http://relay.cancercouncil.com.au/2014/young_relay/Taylor--s-Treasures-2014)

Thank you for your support from Team Captain—Trish Taylor.

**FAMILY DAY CELEBRATION**

**Save the date**  
Community Hub  
Family Day Celebration

Following on from last year's successful event the Community Hub will again be hosting a family day in the park in conjunction with a birthday party for Intereach's 40 years of service to the communities across the Riverina Murray Region.

**For more information contact:**  
Name Louise Dabin  
Program: Families Week  
Phone: 02 6942 8800  
Email: [louised@intereach.com.au](mailto:louised@intereach.com.au)  
[www.intereach.com.au](http://www.intereach.com.au)

- Making a family tree
- 40<sup>th</sup> Birthday Celebration
- Activities
- Sausage sizzle

15 May 2014  
11.30am – 1.30pm  
Jubilee Park

\*Information will be sent out closer to the event


**COOTAMUNDRA WATTLE TIME 2014 DEBUTANTE BALL**

The Cootamundra Wattle Time Debutante Ball Committee is seeking expressions of interest from young ladies who are interested in making their Debut in Cootamundra in 2014. To register your interest and for further information please email your name, age, phone number and address to [sales@kitchensonking.com](mailto:sales@kitchensonking.com) or phone Julie-Anne on 6942 4565 or 0409 906 695 by 30 May. Limited spaces will be available (maximum 10).

**NEXT AECG MEETING**

The next AECG meeting will be held in the Stephen Ward Rooms at Cootamundra Library at 4pm on 27 March. The guest speaker will be Alfie Walker from Mission Australia.

**COOTAMUNDRA STRIKERS SOCCER CLUB**



COOTAMUNDRA STRIKERS SOCCER CLUB

**CAKE STALL**

**SATURDAY**  
**MARCH 29<sup>th</sup>, 2014**  
**9:30am – 12pm**  
**RUDDS SPORTSPOWER**  
**CAKES AND OTHER TREATS**  
**FOR SALE**



**ADULT RESILIENCE: STRONG NOT TOUGH**



**MISSION AUSTRALIA** together we stand

**Adult Resilience**  
**"Strong not Tough"**

Suitable for: People who want to improve performance, enjoy their experience of life transitions, experience happiness more often

Date: Wednesday 2nd April  
Time: 9:30– 3:00  
Location: 91-97 Wallendoon st  
A light lunch will be provided.

RSVP details: 28th March  
Contact: Rachel 0477330812 or Carolyn 0408491132

Stress and anxiety can affect both children and adults. The Adult Resilience "Strong not Tough" program helps you to recognise and address the issues that may be holding you back in many areas of your life.

Developed by Pathways Health and Research Centre



## SPORTS STADIUM HOLIDAY FUN

COOTAMUNDRA SPORTS STADIUM  
PRESENTS  
**NERF WARS**

14TH, 15TH & 16TH APRIL  
22ND & 24TH APRIL

**TAKE AIM FIRE**


COST \$5.00 per person /per session (30 mins)

*Come along and play the game*  
*'Take no prisoners'*  
*Limited numbers per session*

**BOOK TODAY 69 402230**

## WHAT'S ON AT THE TOWN LIBRARY


**HENNA DESIGNS**  
TEENS ONLY EVENT



HENNA art has been used for thousands of years and continues to be an important part of many religious and cultural festivals

Let MAHEEN inspire your designs at this hands-on workshop

**Cootamundra Library**  
Wednesday 16 April 10am-12noon  
Places limited \$10 each  
**BOOKINGS ESSENTIAL**



**FELTMAKING**

Join Tracey Luhrs and learn how to craft pictures from wool fibre. Explore colour blending and experiment with layering to create unique handcrafted masterpieces.

Students 8 years and older \$10 each (adults staying to help are FREE)

**Cootamundra Library**  
Tuesday 15 April  
10-11.30am  
**BRING - 2 old towels**




## COOTAMUNDRA ARTS CENTRE

**Takadimi**  
new common sense

*Takadimi have created a refreshing body of contemporary new era music. The quintet ignore and blast through boundaries, choosing not to let rigid genre formulas constrict them. The music also manages to maintain a fun and vibrant theme throughout. Their sound is complex yet unpretentious(...) embodying the notion of why we should be excited about the future of*

**Australian jazz music?**  
East Side Radio, 89.7FM

• 14th April 2014  
• 7pm Start

• Tickets \$25  
• Don't miss this one!  
• BYO Drinks & Nibbles

Tickets at The Arts Centre

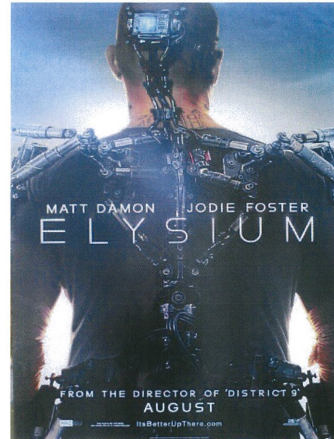


the arts centre  
cootamundra

Phone: (02) 69424773  
www.theartscentrecootamundra.org.au  
Email: info@theartscentrecootamundra.org.au

the tin shed theatre

**Movies @ The Arts Centre**



**WEDNESDAY 19th MARCH @ 10:30am & 7pm**  
**SUNDAY 23rd MARCH @ 5pm** Rated MA

Admission: \$12 at the door.  
Please be seated 5mins before starting time.

like us on facebook

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