



Week 6 Term 1 9th March 2012

COOTAMUNDRA HIGH SCHOOL

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PRINCIPAL: Mr Garry Mason
DEPUTY PRINCIPAL: Mrs Janine Nelson

Principal's Report

SARAH GODMAN AUSTRALIAN REPRESENTATIVE

The entire school community is extremely proud of Sarah who has been selected to represent Australia in the World Geography Olympiad in Germany. She will leave on 18th August for a week-long geography experience, including a number of tests and fieldwork. Medals will be awarded to individuals as well as teams. There will be 32 other countries participating in this prestigious event. We wish Sarah all the best and I know she is really looking forward to this experience.

Students who received the Priority School Funding Surveys are reminded that they MUST be returned to their Year Advisor by MONDAY at the latest. There will be a lucky draw for each year (7-10) to thank the students and parents for their support.

On Wednesday 14th March a "different format" for our Parent/Teacher Interviews is to be held. Interview times can be booked between 4.00-6.00pm, followed by a sausage sizzle at 6.00pm. It will also be an opportunity to showcase the different areas of the school, as it has been decided to have the faculty interviews in their specialist rooms. Come along see your child's teachers and once again assist us in supporting your child's education.

'ENGAGING ADOLESCENT' parenting course. Included in this newsletter is a brochure regarding a course for parents in engaging adolescents. This program is very effective in assisting parents and young people to get through the sometimes difficult time of adolescence. The program will be conducted by Fiona Lane (School Counsellor), Joe Camilleri (Youth Liaison Officer) and Vanessa Cockram (School Liaison Officer). We envisage that this

program could be repeated a number of times during the year. If you are interested please contact either Fiona or myself at Cootamundra High on 69422711.

A number of short TAFE Courses are being established for students in Years 9 and 10 to be held during the year. These include automotive, metal work, child studies, barista and hairdressing. Cath Alderman (Transition Advisor), Neil McDonnell (Careers Advisor) and Brendan Gale (HT Engagement and Retention) are currently looking at possible candidates. Parents and students will then be contacted. These may commence within the next few weeks.

I HOPE TO SEE MANY PARENTS ON WEDNESDAY NIGHT.

Garry Mason (Principal)

Below:
Ag Plot pictures



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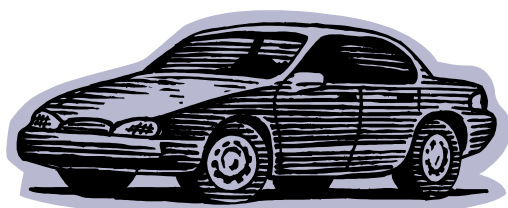
Deputy's Desk

This week our Year 9 students received their Digital Education Computers. It was pleasing to see students eager to learn about the various software packages now accessible to each student to enhance their studies.



The software included with each laptop retails at over \$8000 and enables students to integrate its utilisation in research, design and achieving learning outcomes in all subject areas. Periodically students will have updates installed by our technical support officer.

Recently I have observed some activity of concern regarding before and after school traffic. School opening and closing times are very busy times for pedestrian and vehicular traffic outside the school.

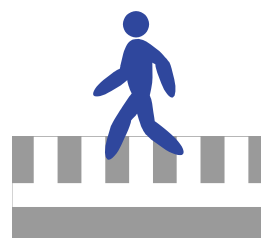


Both parent and student drivers, have a responsibility to ensure the safety of all children. I would like to extend a timely reminder to;

- Always take extra care in 40km/h school zones, which operate on each school day. The 40km/h school zone slows traffic in the vicinity of the school.
- Park safely even if it means walking further to the school gate.
- Observe all parking signs – they are planned with children's safety in mind. Fines and de-

merit points apply if you park illegally.

- NEVER double park – it puts students at risk.
- Model safe and considerate behaviour for your child – they will learn from you.
- Slow down near the school crossing.
- The 40km/h school zone speed limit must be observed even if school children are not visible.
- Take extra care near the school crossing.



Janine Nelson
Deputy Principal

Calendar of Events - Term 1, 2012

Wk 7	Tue 13 Mar	Football - Wagga
	Wed 14 Mar	Lawn Bowls
	Thu 15 Mar	Parent / Teacher Meet and Greet Night Yrs 7 –12
	Thu 15 Mar to Tue 20 Mar	Zone Swimming - Leeton
	Fri 16 Mar	Yr 10 Geography excursion has been cancelled
Wk 8	Wed 21 Mar	Regional Golf
	Fri 23 Mar	Touch Gala Day Bowls Culcairn Open Boys and Girls Tennis
Wk 9	Tue 27 Mar	Athletics Carnival
	Wed 28 Mar	Open Boys and Girls Soccer
	Fri 30 Mar	Baldry Shield Yr 12 Half Year exams
Wk 10	Mon 2 Apr to Wed 4 Apr	Yr 12 Half Year exams

A Date for your Calendar!!!

Whole School (Years 7 – 12) Parent - Teacher
Meet and Greet Evening

Next Wednesday - 14th March from 4pm to 7pm

Parents and Guardians are invited and encouraged to come along and meet their children's teachers for 2012 and to learn about your children's progress and upcoming assessment tasks.

All students and teachers have booking sheets to allow you to choose an appropriate interview time. Appointments with your child's teachers can be made between 4pm and 6pm.

**Parents and teachers are also invited to a BBQ in the School Quadrangle from 6pm to 7pm.
See you there!**

Year 9



Geography Olympiad / Maths (Geometry)

GEOGRAPHY OLYMPIAD

A HUGE congratulations

Sarah Godman

Sarah will be representing

Cootamundra High School

and

Australia

in the

2012 International Geography Olympiad

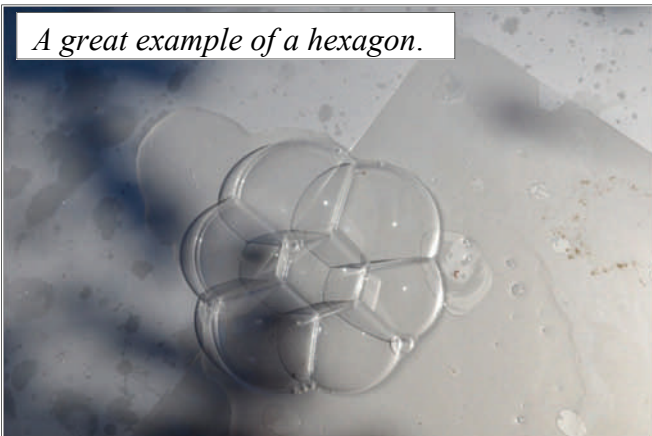
in Germany!!



YEAR 9 GEOMETRY

As part of Term One's work, Year 9 have been studying Geometry in Maths. Last week students from Yr 9/2 were given bubble mixture (*couresty of the Science Department*), blowers, straws and overhead sheets. They were able to experiment with bubbles to show that by blowing

A great example of a hexagon.



Above: Chloe and Tenelle blowing bubbles

bubbles onto a sheet the bubbles will start to change shape. With enough bubbles, a hexagonal pattern will start to form in the middle. These hexagonal patterns can be found in nature such as beehives and the 'Giant's Causeway' in Northern Ireland.

What's on in HSIE??

Term 1 Week 6 2012

The busy end of the term has arrived! All classes have now completed, or are well into, their first topics for the year. Below are the tasks and the week that they are due for your HSIE classes for the rest of Term 1. See your class teacher for the actual day that tasks are due in and for the format and text type required for the task.



A good tip for better organisation would be to transfer your tasks and their due date to your diary, laptop and/or organisation chart at home. We are looking forward to some inspiring efforts and reports! Keep trying!!

G. Black HSIE Head Teacher

Junior and Senior Assessment Tasks that are due in Term 1

Year 12

Subject	Task	When Due
Business Studies	Half Yearly Exam	Week 9/10
Society and Culture	Oral task	Week 7
Geography	Half Yearly Exam	Week 9/10
Legal Studies	Human Rights Presentation	Week 7

Year 11

Subject	Task	When Due
Business Studies	Media File & Business Report	Week 10
Geography	River Regulation Report	Week 8
Legal Studies	Legal System Media File	Week 8

Year 10

Subject	Task	When Due
Geography	Contemporary Issues Report	Week 10

Year 9

Subject	Task	When Due
Geography	Australian Identity Powerpoint	Week 10
Commerce	Identifying Product Branding	Week 10

Year 8

Subject	Task	When Due
HSIE	Endangered Animals Library Research	Week 6
WTT	Product Comparison Report	Week 10

Year 7

Subject	Task	When Due
HSIE	Mountains of the World Research task	Week 9
LOTE	Lifestyles of Japan	Week 1 of Term 2

ENGAGING ADOLESCENTS - PARENT COURSE

Parenting skills for resolving teenage behaviour problems

A three-session program for parents and carers
at **COOTAMUNDRA HIGH SCHOOL**

Poole Street

on 19/3, 26/3, 2/4/2012 at 7.00 pm.

Learn:

- Some common ground shared by parents & reasonable expectations to hold about adolescents
- New understandings of adolescence
- A three-option model & flow chart for decision-making
- Self check-in, first - for parents
- Building relationship with your teenager and making the best of your non-crisis conversations with them
- Skills for tough conversations for handling those problems you just can't ignore

The course cost is **FREE** – Covered by Campbell Page – Youth Connections

Register for this course by contacting **Fiona Lane or Garry Mason**
at **Cootamundra High** on **6942 2711**

What parents have said...

A step-dad recalled an incident at the weekend with his 12 year old step daughter. He said that the input he had received the previous week from the course helped him keep his cool and brought a more favourable outcome.

A single mum who had presented as quite anxious on the first night told the group in week 2 that she had made an appointment with her 15 year old son during the week and had had a far more favourable discussion with him than would previously have been the case.

Who's running it?

The trainers for this course are Fiona Lane (Registered Psychologist), Vanessa Cockram (NSW Police – Youth Liaison Officer) and Joe Camelleri (NSW Police – Youth Liaison Officer) who completed Parentshop's Engaging Adolescents training on 19/10/2011.

For more information contact Fiona Lane or Garry Mason on 6942 2711

*** An end to the arguing and yelling! * It saved our lives * Simple, sane, effective ***

This course is being run by a Parentshop licensed practitioner. www.parentshop.com.au

Careers Information

Charles Sturt University (CSU)

Events for Senior Students

Coming up are sessions in the following career areas:

- Psychology
- Social Work
- Business (Accounting, Management and Marketing)
- Information Technology
- Environmental Science (Ecotourism, Parks and Recreation)

Any senior students interested please see Mr McDonnell on these CSU information days.

'Try a Trade' Day

At Canberra Institute of Technology

has been postponed until October.

TAFE Courses Available to Cootamundra High Students

Shearing Course

There is a beginners shearing course for school students coming up in May. This is an excellent course for anyone interested in gaining skills for a career as a rural worker.

Cattle Handling and Exhibiting Course

This is a short 12 hour course available for any of our students 15 plus years of age.

The following courses may also be available in coming months:

- Vehicle Restoration - Panel, Spray, Auto
- Fitting and Machining
- Practical Agriculture
- Drawing, Printmaking and Sculpture

See Mr McDonnell or Mrs Alderman for further information.

Senior TAFE Courses

Recently seven Year 11 students started a Building and Construction Course at Wagga TAFE. The students attend every Thursday thanks to a willing band of parents who provide transport to and from Wagga TAFE each week. This is a one year course which will give our students a head start in the construction industry.

TAFE Holiday (Block) Courses

Several of our Year 11 students will also be attending Wagga and Temora TAFE Colleges for one week during their up-coming holidays to attend courses in:

- Animal Studies
- Aviation

These courses are 240 hour HSC / TAFE courses conducted over seven one week blocks during year 11 and 12 school holidays. The students will all gain at least Certificate II TAFE qualifications from these courses

OH & S White Card

This course is a pre-requisite for doing Work Experience in the Building and Construction Industry. It is also a useful introduction to OH & S issues in general and is therefore recommended to a wider range of students. For example, truck drivers delivering materials to a building site require this OH & S ticket.

See Mr McDonnell or Mrs Alderman to register for this course.

Year 10 Work Experience Term 1

A small number of Year 10 students will be doing work experience during Week 10 of this term.

Work experience is also available to students in Term 2 and Term 4. Please feel free to contact Mr McDonnell or Mrs Alderman if you have any questions regarding our Work Experience Program.

Martial Arts Lessons



Freestyle HapKiDo

HapKiDo is a Korean martial art that utilizes strikes, joint locks, throws, ground fighting and weaponry. Used by the Korean military, HapKiDo is a complete system that focuses on realistic techniques that are usable on the street.

Our freestyle syllabus draws from the most applicable techniques from various styles of HapKiDo, including MooHakWan HapKiDo (traditional), Jin-WhaHanuen HapKiDo (street defence) and Gracie Jiu Jitsu (Ground Fighting).

Unlike in many other martial arts, HapKiDo students learn to defend themselves in any situation, from stand up and close quarter fighting through to grappling and ground fighting.

We do not use a 'one size fits all' mentality in regard to our techniques, but rather address the individual's strengths and weaknesses as well as those of their attacker and learn to exploit these.

As a black belt with over two decades of martial arts experience, I have been instructing HapKiDo in Cootamundra for the past three years and would like to offer this opportunity to your child.

- * Classes are for students from years 7-12
- * Boy and girls
- * Classes are on Monday and Wednesday nights (come to both or either)
- * Classes are from 4pm till 6 pm Monday and 4:30pm till 6pm Wednesday
- * No classes during the school holidays
- * No joining fees
- * \$10 per week + \$30 insurance (once per year) + uniform.
- * First lesson is free

If there are any questions call Clint Perry 6942 3843.

Community Notices

Meditation Class

Meditation can assist in developing a sense of well-being and bringing peace of mind to our lives. Come and experience the benefits of this ancient practice.

Free classes are held at the High School every Thursday evening in "B" block, starting at 7.30pm. Beginners are most welcome. Classes are informal and friendly.

Contact Martin on 6942 2711 during school hours or just turn up on the night. Please enter through the doors near the basketball courts.

Careers Information

Australian Defence Force Academy (ADFA) Canberra

ADFA Information Session

- Date: Wednesday 14th March 2012
- Time: 6.30pm
- Location: Academy Cadets Mess, ADFA Northcott Drive , Canberra

For more information on Australian Defence Force Academy visit the defence jobs website at www.defencejobs.gov.au

To book your place at an information session call 13 19 01 or R.S.V.P to Grace on 02 6212 2748 gmartin@dfr.com.au

