



Week 7 Term 3 31st August 2012

COOTAMUNDRA HIGH SCHOOL

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Principal's Report

Our school wish to extend their condolences to the families and friends touched by the tragic incident last weekend. Ongoing support will be provided by staff at this difficult time. Our counselling team will continue to be available so please contact the school if you have any concerns about your child in coming weeks.

Students studying Industrial Technology - Timber, Visual Arts and Drama for their Higher School Certificate have completed their practical components of the courses over the last two weeks.

Board of Studies markers have visited our school to mark major works and performances. Coming weeks will welcome markers of Music and Design and Technology to see our student works.

Written examinations for the 2012 HSC will commence next term. All students should now have their individual timetables for courses requiring examination.

I visited Year 8 science students last week to discover students engaged in learning about static electricity. Mr Pepper's class were busy using the Van Der Graaf equipment to visualise this phenomenon!



RELIEVING PRINCIPAL: Mrs Janine Nelson

RELIEVING DEPUTY PRINCIPAL: Mr Geoff Black



Students have been demonstrating their pride in helping to make our school environment a better place by helping out with the grounds beautification including replanting of our memorial garden at the front of the school.

It was all hands on deck when I visited Miss Gray's class last week. Thankyou to all students who so eagerly contributed some time and effort on the project.

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Deputy's Desk

Positive Parenting

At times students will use their mobile phones, especially "smart phones" with internet access, in an inappropriate way.



This includes the downloading of R-rated images and video clips or cyber-bullying on social network sites such as Facebook.

Our local Police have asked the school to inform parents that **as parents they do** have the right and the responsibility to be monitoring the content of their children's phones if the children are under 16.

Calendar of events

Wk 8	Tue 4 Sep	Aspire Uni of Canberra Program Yr 7 to Yr 10 Captains Assembly -election speeches
	Wed 5 Sep	Immunisations - Yr 7 Yr 6 to 7 Transition Evening 6pm to 8.30pm
	Thu 6 Sep	State Athletics Police Liaison Yr 8 Period 3-5 (Appropriate Social Behaviour)
	Fri 7 Sep	State Athletics Footy Jumper Day Fundraiser Farm Club Harden Show
Wk 9	Mon 10 Sep	Yr 11 Exams (Mon 10th Sep to Mon 17th Sep)
	Wed 12 Sep	State Dance Festival
	Thu 13 Sep	HSC Music Performance
	Fri 14 Sep	Zone Junior Futsal (indoor soccer) and Netball Gala Day
Wk 10	Tue 18 Sep	Rewards Assembly and BBQ
	Wed 19 Sep	Shine lunch
	Thu 20 Sep	Yr 12 Formal Assembly
	Fri 21 Sep	End of Term

From the Careers Desk

TAFE Rivernia Institute

The TAFE Riverina Institute 2013 Course Handbooks have arrived. The guides are not TVET oriented, but are an interesting read for anyone wishing to complete a TAFE Course after the HSC, or in addition to their senior studies. Many courses are now delivered in modules, meaning that 'face-to-face' in learning is not always required. Free copies can be collected from the Careers office.

WesTrac Apprenticeships

A reminder that these close this Friday. Applications can be made online.

Essential Energy Apprenticeships

These applications close on 2 September. There are a number of local apprenticeships available. More information can be accessed online or picked up at the Careers office.



Work Experience

Term 4 will be the last opportunity for Year 10 to undertake work experience. If you are in Year 10 and considering work experience, please see Mrs Alderman.



Year 12 UAC Guides

Guides are available from Mrs Alderman and essential if students are considering registering for university courses in 2013.

Year 12 Early Entry

Students completing early entry applications for university need to keep an eye on cut-off dates for these. Please refer to your mail out if you are unsure of dates, or call in and check with Mrs Alderman.

Bright Star Café



Yr 11 and Yr 12
Hospitality



Left to right:
Claire Loiterton, Hasmish Basham,
Jessica Pellows, Blake Caldwell,
Dylan McDermott, Jordyn Ballard,
and Jesse Cradtrees



Nibbles

Orange poppy seed biscuits	\$1.50
Banana bread	\$1.50
Lattice Cheesecake	\$1.50
Egg and bacon muffins	\$2.00
Cheese and chicken toasted sandwiches	\$1.50
Pizza muffin	\$1.00
Nachos	\$2.50

Drinks

Milkshakes : chocolate, caramel, strawberry	\$1.50 per drink
Cappuccino (no double shots)	
Latte	
Hot chocolate	
Creaming soda spider	
Apple and mint iced tea	

104 with “The Don”

Year 10 SRC members Ashleigh Dean, Nicole Kelleher, Aariah Holmes were joined by classmate Jesse Turner at Bradman’s cottage to celebrate Sir Donald Bradman’s 104th birthday.

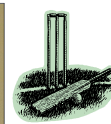
The event provided the opportunity to discover and enjoy the many displays available at the museum and to meet and enjoy the company of members of the wider Cootamundra community.

The highlight of the celebration was the cutting of the cake with Mayor Doug Phillips and representatives of the other local schools.

We invite other members of school to take the time to tour the museum and enjoy all of its exhibits and memories.



Left to right: Nicole Kelleher, Ashleigh Dean, Jesse Turner and Aariah Holmes



Library Assignments

Year 7

Year 7 have been exploring Ancient Egypt and each student has written an article for the

"Ancient Egyptian Express".

These articles will be featured in the School Newsletter over the next few months.

The Proof and Source Cards at the bottom of each article show where the research information for each article has been obtained.

The Feast Was a Success

Last Friday night the pharaoh had a fantastic feast to celebrate the end of the festival of Opet. Many royal people attended this extravagant event with Thutmose III being the main guest at the event.

On the menu was everything possible including beets, onions, chick peas, lentils and roast papyrus roots being for entrees and quail crane, duck, sheep, cattle being for mains.

All of the food came from a recent trader because of the latest dust storm which wiped out all the local produce across the Nile.



The feast was held at the newly refurbished south palace for the first time to hopefully impress Amun. We are still waiting on the pharaoh's full statement about the feast, but we were able to get an exclusive statement from the pharaoh's son who said "the food was the finest he has ever tasted at a feast".

The feast was a great success so hopefully we once again impressed the Amun so he will grant us good will with our next flood.

Please keep reading to learn how to cost effectively do mummification at home.

By Maddison Sedgwick

Source:
Title Studies in ancient Egypt
Author: Jenifer lawless
Publisher: Deborah Barnes

Library Assignments

D.I.Y Mummification

By Penny Loiterton

These days mummification costs a fortune, so here is our step-by- step guide to do it yourself.

You will need:

4 large jars (big enough to hold internal organs)

Dry Crystals of Natron

Preserving Oils

Salt Crystals

Water

Long Bronze Hook (long piece of wire if this isn't possible)

Linen Bandages

Gum from Trees

Sand or Sawdust

5 Charms

Mask (decorated and painted)

Human Shaped Wooden Coffin

Bath



Method:

1. Wash the dead body with water, making sure it is properly cleaned.
2. Use the long, bronze hook (or wire) to pull the brain out through the nose, then dispose of the brain.
3. Cut the intestines, liver, lungs and stomach out of the body, leaving the heart in the body.
4. Dry the intestines, liver, lungs and stomach with Natron, and then cover them with the tree gum.
5. Bandage the intestines, liver, lungs and stomach, and then place them in the large jars.
6. Put the body in a bath of Natron for 40 days to dry.
7. Take the body out of the bath and stuff the insides with sand or sawdust.
8. Rub tree gum and preserving oils into the body.
9. Place a charm over the incision in the dead body.
10. Wrap the body in linen bandages, wrapping the charms between the layers.
11. Place the mask over the head and shoulders of the body.
12. Put the body in the human shaped wooden coffin, chanting spells as you place the body in the coffin. (If you don't know any spells, chant random spells).

If you need any extra information on mummification at home contact the Egyptian "do it yourself" section of the Egyptian Express.

Sources:

Title: My Best Book of Mummies

Author: Philip Steele

Publisher: Kingfisher

Place: London

Date: 2003

Pages: All

Title: Mummies & Ancient Egypt

Author: Anita Ganeri

Publisher: Tick Tock Media

Place: Great Britain

Date: 2005

Pages: All

Title: Mummy

Author: Jenny Jacobs

Publisher: Dorling Kindersley

Place: Great Britain

Date: 2003

Pages: All

Girls Under 15s Basketball

The girls under 15 years basketball team travelled to Temora to compete in their first game of the Combined High School knockout. Traditionally, Temora are very strong so the team were prepared for a tough game.

The girls came out firing in the first quarter. Solid defence and excellent rebounding from Elisha Kelly, paired with accurate shooting from Mikayla Large and Charlee McPherson put Cootamundra well in the lead at Quarter time.

The girls continued to increase their lead in the next two quarters with good all round work from Elisha Large and Mikayla Johnston.

Some handy shooting from Alecia Slavin helped the team to score

24 points in the final quarter, and finish the game with a comfortable 66-21 win.

Well done and Congratulations to the girls on a wonderful team effort. Cootamundra will now play in the Gala Day Final in Temora on the 31st of August. Good luck girls!!



Front left to right:

Mikayla Large, Alecia Slavin and Charlee McPherson

Top left to right:

Brianna Oliver, Elisha Large, Mikayla Johnston, Elisha Kelly and Coach Miss Elliott

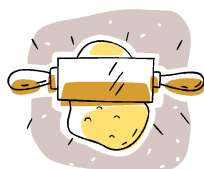
Recipes

The Parents and Citizen's Association (P & C) are trying to create a Cootamundra High School Recipe Book as a fund raising item for our school.

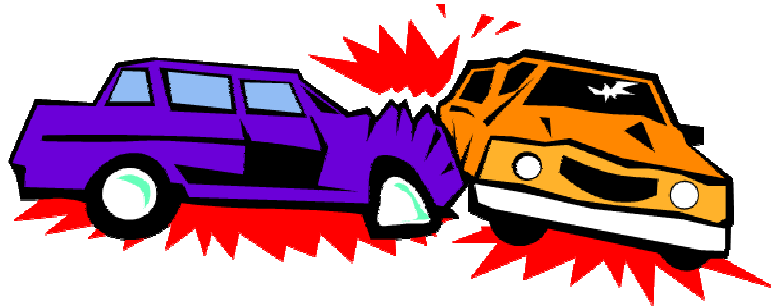
We are collecting all-time family favourite recipes
(recipes that you just love - cakes, biscuits, snacks, meals, soup etc.)
that you would like to share.

Recipes can be dropped into the front office or emailed to cootamundr-h.school@det.nsw.edu.au.

All recipes received will be greatly appreciated.



Learner Drivers



**Going for your "Ls" or "Ps",
make learning easier, and be safer.**

Cootamundra Shire Council's Road Safety Officer, Bruce Barrett, will conduct
'Helping Learner Drivers Become Safer Drivers'
classes in Cootamundra on

**Monday, 10th September commencing at 6.00 pm
in the Stephen Ward rooms.**

The 'Helping Learner Drivers Become Safer Drivers' Workshop Program was developed through a partnership between the RTA and Local Government. The workshops were developed to support parents, older siblings and carers who would be supervising a learner driver.

The workshops aim to provide practical advice about :

- Understanding the laws for L and P platers
- Supervising learner drivers
- Completing the Learner Driver Log book
- Understanding the benefits of supervised on-road driving experience
- Low risk Driving

The program also addresses as a priority, young road users, with the ultimate goal being the reduction of the road toll for people aged 17-25.

**Mr Barrett urges all supervisors attending to encourage
their learner/drivers to attend the workshop with them.**

If you wish to attend please call Councils Office on 69402100
or Mr. Barrett on 0427 112656 before COB Friday 7th September 2012.

A light supper will be provided.

Notices

Junior Tennis Competition Reminder

Following a cancellation due to rain last week, this weekend we are hoping for a fine day and plenty of tennis to be played.

Cootamundra Town Tennis Club would like to offer an open invitation for all kids in our area to become involved in a Cootamundra Junior Tennis Competition being held on Saturday mornings.

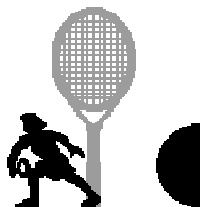
It will begin this Saturday 1st of September from 9-12am with an 'Open Day'. This is an opportunity for kids to come along to indicate their interest and begin some play prior to a competition starting.

Following these open days participants can register for the competition which will run weekly with a round robin format.

Initially this competition will be for participants who are at a skill level where they can serve and rally somewhat.

*If you would like further information
please phone or email.*

Brendan Gale
0408248876 or
brendan.gale@det.nsw.edu.au



School Based Immunisation Program Cootamundra High School

Nurses from the local Health One Community Health Centre will visit the school on

Wednesday 5th September 2012
and will provide the following immunisations:

Year 7 students 2nd Dose Hepatitis B
Year 7 girls 3rd Dose HPV

The consents for these were completed prior to the first dose and are held at Health One.

If you have any queries, please contact Fiona Grogan on 69401111 at Health One Community Health Centre.

FUTURE CHAMPIONS CLINICS

October 20, 21
Gus Smith Oval, Young

Three Olympic coaches and experts on junior sport development will present six interactive hours showing how YOU CAN dramatically improve your performances over a wide range of physically active sports including: sprinting, hurdles and distance, all football codes, basketball, netball, hockey, tennis, swimming and cricket.

The objective of these clinics is to explain how to train and prepare SMARTER, RATHER THAN HARDER to improve your individual and/or teams' performances.

Athletes, coaches, sports-masters and parents are all welcome to attend.

To enquire and reserve your place early, contact Sonya Dowling on 0427 846 384

Week 8
Friday 7th September

Footy Jumper Day Fundraiser

Wear a footy jumper to school
for a gold coin donation

The money being raised is going to
Fiji Treasure House
to build a new Orphanage.



Please note:

The School Dance Social

Will be on next week.

An announcement will be made
next week to confirm the day.

Community Notices



Cootamundra Creative Arts and Cultural Centre

16 - 20 Wallendoon Street, COOTAMUNDRA, NSW 2590

PH: 02 69424773

ABN: 47 475 920 639

www.caccc.org.au

"an artists playing field"

*The Cootamundra Arts Centre
Committee present:*

CRITICAL STAGES Comedy Workshop

Develop skills in improvisation,
comic timing and
comedic character development
for the stage.

Join the cast of "The Jinglists"
for what is sure to be a
hilarious workshop.

Minimum number of participant 6
and maximum 16 - 20

Tuesday 11th September
10am -1pm
at The Tin Shed Theatre

SO BE QUICK TO REGISTER:

Contact Isabel:

email izzasc@bigpond.com

or 69421732 and leave a message.

\$20 adults

\$10 High School Children only

Cootamundra Arts Centre

16-22 Wallendoon street

Tuesday 25th September

At 7.30pm

Tickets:

Kevin Deep's Clothing and Footwear

Cost:

\$30 Adults and \$15 for Under 18's



**"IF YOU LOVE THE SILLY ANTICS OF MONTY
PYTHON OR IN-YOUR-FACE HUMOUR, THIS IS A
SHOW FOR YOU. DO EXPECT TO LAUGH AND BE
ENTERTAINED.★★★★" Artscluboonz**

Written and Performed by
Warwick Allsopp & Carolyn Henderson
Director of Funner Designer Jennie Searle
Lighting Designer Richard Whitehouse
Sound Designer James Collins